



# Sustainable Communities

Workshop series



## Building skills through experiences!

### **Discover your innate abilities to mobilize yourselves and others.**

Through participatory learning sessions, community members can gain from experiences that help them hone the skills they possess for making their communities stronger. Starting in Fall through Winter of this year, we are offering workshops for organizations, community leaders and groups of people eager for successful group interactions.

### **Workshops and resources offered:**

#### **In Facilitation:**

**The art of making your meetings and workshops purposeful and efficient.**



Facilitators are neutral individuals who guide and monitor discussions in group meetings so that organizations are able to function effectively and have high-quality exchanges of ideas. Through activities and active listening, this workshop aims to develop facilitation skills.

#### **In Conflict Resolution:**

**A process that helps to identify and resolve sources of conflict.**



Conflict between humans spreads negativity into our lives and our communities. This workshop proposes an experience that allows understanding of sources of conflict and how to develop a process leading to resolution.

#### **In Leadership:**

**The ability to gather a group of people and plan together as a group.**



There are many types of leaders and aspects to leadership. This workshop offers experiences that allow you to get to know and develop your inner leader. Because one single person can have great ideas but it takes a whole group to make them reach greater achievements!

**Could your business, group or organization benefit from these effective skills? Invite us to your event!**



Contact Sophie Michèle Cyr  
Email: [sm@fallsbrookcentre.ca](mailto:sm@fallsbrookcentre.ca)  
Phone: 506-375-4310  
[www.fallsbrookcentre.ca](http://www.fallsbrookcentre.ca)

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